

**Meat Free Monday**



(v) Quorn Dippers G.D.E.

**Tuesday**



Pork Sausages G.SU.

**Wednesday**



British Roast Chicken, Stuffing G.

**Thursday**



Pasta Bolognese G./Cheese D.

**Friday**



Salmon Fishcake F.G.SB.

**Jacket Potatoes Every Day**



(v) Veg Korma with Oumph SB.M.D.E

Oumph the Chunk is a tasty plant based alternative to chicken



(vg) Plant Power Balls



(vg) Quorn Roast G. Optional Stuffing G.



(vg) Veggie Hot Dog G.



(v) Rustic Cheese & Tomato Pizza D.G.



(v) Cheese/Beans D.



(v) Cheese D.



Tuna Mayonnaise F.E.



British Ham G.



(v) Cheddar Cheese D.

**Week 1 Dessert Menu**

Every day we offer:  
(v) Yoghurt, (D) or fresh fruit as alternative dessert options

**Monday**

(vg) Homemade Flapjack G.  
(v) Cheddar Cheese, Crackers and Apple Slices G.D.

**Tuesday**

(v) Homemade Banoffee Cake with Toffee Drizzle SB.D.E.G.  
(v) Chocolate Swirl Mousse D.

**Wednesday**

(v) Homemade Strawberry Slice G. with Custard D.

**Thursday**

(vg) Homemade Jammy Cookie G.

**Friday**

(v) Ice Cream Tub D.  
(v) Homemade School Favourite Iced Sponge with Fruit G.E.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown in the photographs.**

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

**Key**

- vg = vegan
- v = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites



# Educaterers Lunch Menu Week 2 – w/c 14/3. 4/4. 9/5. 6/6. 27/6. 18/7.

## Meat Free Monday



## Jacket Potatoes Every Day



(v) Quorn Sausage Pattie D.E.G.

## Tuesday



(v) Mac 'n' Cheese G.D.



(v) Cheese/Beans D.



Egg Mayonnaise G.E.



## Wednesday



(v) Quorn Dippers G.D.E.  
 Creamy Curry Sauce M.D.E.



(v) Cheese D.



British Ham G.



Roast Beef in Gravy, York Pud D.E.G

## Thursday



(vg) Quorn Roast G.  
 (v) Yorkshire Pudding D.E.G



Tuna Mayonnaise F.E.



British Roast Chicken G.



Pork Meatballs G.SU.

## Friday



(v) Vegetable Burrito Bake G.D.



Tuna Mayonnaise F.E.



Breaded Fish Fillet F.

(vg) Breaded Vegetable Fingers G.

(v) Cheddar Cheese G.D.



## Week 2 Dessert Menu

Every day we offer:  
 (v) Yoghurt, (D.)  
 or fresh fruit as alternative dessert options

**Monday**  
 (vg) Homemade Chocolate Cracknel

**Tuesday**  
 (vg) Homemade Shortbread G.

**Wednesday**  
 (v) Homemade Fruit Crumble G.  
 with Custard-D.  
 (v) Ice Cream Tub D.

**Thursday**  
 (v) Homemade Iced Pineapple Cake G.E.

**Friday**  
 Jelly with Fruit  
 (v) Ice Cream Tub D.

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**Allergies**  
 Please contact your school cook for information regarding the content of dishes and products on our menu.



**Meat Free Monday**



**Cheese and Tomato Pizza D.G.**

**(v) Sweet and Sour Quorn G.E.**

**(v) Cheese/Beans D.**

**(v) Cheddar Cheese G.D.**

**Tuesday**



**Brunch: Sausage G.SU, Omelette D.E.**

**(v) Cheesy Tomato Pasta G.D.**

**(v) Cheese D.**

**British Roast Chicken G.**

**Wednesday**



**Roast Pork, Apple Sauce**

**(vg) Quorn Roast G. Apple Sauce**

**Tuna Mayonnaise F.E.**

**Tuna Mayonnaise F.E.**

**Thursday**



**Beef Grill G. in a Bun G.**

**(vg) Plant Power Burger in a Bun G.**

**British Ham G.**

**Friday**



**Breaded Fish Fillet F.**

**(v) Roasted Vegetable Tart G.D.E.**

**(v) Cheddar Cheese G.D.**

**Week 3 Dessert Menu**

**Every day we offer:**

(v) Yoghurt, (D.) or fresh fruit as alternative dessert options

**Monday**

(v) Chocolate Mousse with Fruit D.  
(vg) Homemade Cherry Cookie G.SU.

**Tuesday**

(v) American Pancake with Fruit Toppings G.E.D. *If served with lemon juice contains SU*

**Wednesday**

(v) Homemade Chocolate Orange Brownie G.E. with Hot Chocolate Sauce D.

**Thursday**

(v) Ice Cream Tub D.  
(vg) Homemade Ginger Cookie G.

**Friday**

(v) Homemade Sticky Toffee Cake G.E.D.SB.

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