

Letters home this week: Y4 - Mary Arden's Farm,

## What's on in school next week.

| Monday   | Tuesday  | Wednesday                    | Thursday   | Friday  |
|--|--|------------------------------|--|---|
| Keyboard and Violin Lessons<br>3.05 Embody Dance Y1-6<br>3.10 After School Library | Drum and Guitar Lessons<br>3.05 Bake Off Club Y5-6<br>3.05 Aston Villa Club Y1-3 | 3.05 Circus Skills Club Y3-4 | Clarinet Lessons<br>3.10 After School Library<br>3.10 Y6 SATS Boosters | Cello Lessons<br>Swimming Lessons- Maple 3<br>3.05 Top Score Club Y4-6<br>3.05 Musical Theatre Y2-6 |

If your child has not received their copy of these letters or the 'Bugle' please contact their class teacher or the office

**REMINDER :** Our newsletter is always uploaded to the front page of our website: [www.birchwoodprimaryschool.com](http://www.birchwoodprimaryschool.com)

### Healthy Exercise and Eating at Birchwood

At Birchwood we have an important role to play in reinforcing positive messages about eating and staying healthy. We also have a responsibility to ensure that our curriculum gives children a solid body of knowledge about healthy living and the skill to pursue it. Children need to learn how our bodies work, why physical health is important and how to prepare food. They need to grow in competence in sport and physical pursuits so that being active is enjoyable for them as well as challenging.

For many years Birchwood has placed 'eating and staying healthy' firmly within our curriculum. Over the past three years we have been working very closely with the 'Food For Life Programme' and the 'Soil Association' to support the fantastic work we are doing to provide healthy school meals, great lunchtimes and food education that has a positive impact on both pupils and the wider community.

We work very hard to make our dinner times count. Our catering team from 'Educaterers', led by Mrs Pardoe, do a fantastic job preparing and serving healthy meals. The relationship they have with all our children is brilliant. I always hear lots of 'please and thank you's' and many smiles exchanged in return. We also promote 'Healthy Lunchboxes' in school and I would like to thank all of our families for supporting this and ensuring that our children get a healthy and balanced diet. Our Mid-Day Supervisors also play an essential role in encouraging children to 'play' and enjoy themselves during their dinner time.

Currently we have a total of 10 after school activities/clubs running in school. Many of these are physical activities, promoting children to stay active. We also have 'Change Makers', an organisation from Rugby, who deliver to our families a family lifestyle programme encouraging people to make healthier choices through weekly nutrition and physical activity sessions.

Taking part in school sporting competitions is also very important for us. Across school we take part in Athletics, Cross Country, Football, Netball and Dodgeball, amongst other sporting activities. We have also looked for other opportunities to encourage physical activity. In our new approach to 'Home Learning' we try and ensure that some of the choices available encourage healthy exercise and a number of our BASE Skills activities are also P.E related.

We know the importance of promoting healthy living to our children and will continue to look for new and innovative ways to promote this in and outside of school. Hopefully the poor weather we have been experiencing recently is now behind us and we can all look forward to getting more active outdoors!

**Mr Coleman - Headteacher**



### Happy and Healthy at Birchwood

All photographs can be purchased for £3 per A4 colour copy.  
Please see ParentPay for details.

### Spotlight on Excellence this week is ...

#### The Importance of Conversation

In a world filled with technology, where information can be accessed at a moment's notice on any number of devices, it is very easy to become trapped in a world where communication is mainly done via texts, emails and social media. While all are useful and have their place, it is vital to remember to connect with the world around you, and most importantly with friends and family, face to face.

Getting lost in a conversation, as I did this week with 2 year 6 pupils, is a joy in itself. We started off discussing World Book Day, and ended up talking about Harry Potter and all of our favourite characters and books; we were so engrossed we did not realise it was actually the end of lunchtime, whoops.

Enjoying a conversation like this with friends or family, on any topic that engages you, is good not only for your language skills, but also your wellbeing and social skills. This is one of the reasons that in school we place a focus on working with talk partners and working collaboratively across the curriculum. Sharing our ideas about our learning is vital in supporting these skills as well as helping us learn more. Try making sure a rich conversation forms part of your day at home too.

**Mrs Day**

**Associate Headteacher**

## Myths and Legends..

### **'Keep them off for 48 hours if they are sick'**

We certainly do not want children to come in unwell, but in reality children often do not need to stay off for 48 hours if they are sick. Children can be ill for all sorts of reasons and often not because of a bug. In reality it is parents who are the best judge and for them to decide that it is OK to come back early. However, if Norovirus ('winter vomiting bug') is diagnosed, we certainly recommend that children stay off for 48 hours.

## General School Health Info and Promotion

The Warwickshire School Health & Wellbeing Service (formerly known as the 'School Nursing Service') is a confidential service that is freely available to all school-aged children and young people from 5-19 years old (up to 25 years old for people with special educational needs) and their families and carers. The team comprises of Qualified School Nurses, School Staff Nurses, Healthcare Support Workers and Administrators. The opportunity to discuss any health issues relating to your child is always available and The School Health and Wellbeing Service can be contacted on 03300 245 204 Option 3.

## For you to cut out and keep!

### **Department for Education Coronavirus Helpline**

The Department for Education has launched a new helpline to answer questions about COVID-19 related to education. Staff, parents and young people can contact the helpline as follows:

**Phone: 0800 046 8687**

**Email: [DfE.coronavirushelpline@education.gov.uk](mailto:DfE.coronavirushelpline@education.gov.uk)**

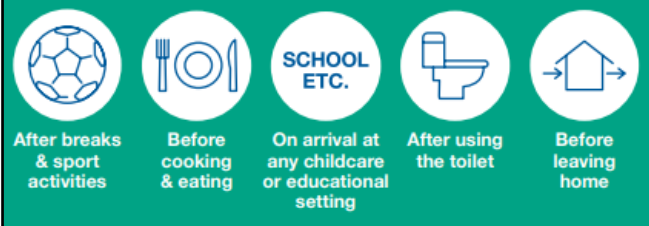
**Opening hours: 8am to 6pm (Monday to Friday)**

## The Importance of Hygiene

Personal hygiene is the most important way we can tackle COVID-19.



**You should wash hands with soap & water or hand sanitiser**



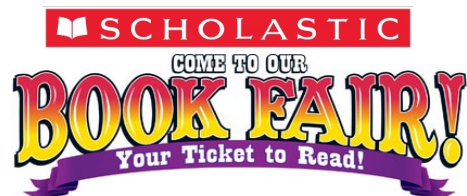
## CROSS COUNTRY

On Tuesday 3rd March 5 Birchwood children competed in the cross country district trials to gain a place in the Warwickshire Primary Cross Country Championships. The course was long but thankfully the weather was kinder to us this week! There were 40 girls and 40 boys from across the whole of North Warwickshire competing in each race, the top 20 from each race were selected to represent North Warwickshire in the championships next week. Well done to all of our runners who tried their very best. Congratulations to Alex (Year 4) who came 17th and did gain a place in the Warwickshire championships. This is a huge achievement and we look forward to hearing how he gets on. I would also like to take this opportunity to thank all the parents that have supported their children at the cross country races.



## Yr3 New Theme

Year three kicked off their new theme 'Tales of the Unexpected' by immersing themselves in the Scottish culture. They took part in a traditional Scottish dance and tasted some different Scottish foods and drinks, some were liked more than others. Irn Bru was a particular hit!



## **ALL BOOKS HALF PRICE**

Our Spring book fair will be open from Tuesday 31st March to Thursday 2nd April after school in the library.

Children who would like to visit our book fair must be accompanied by their adult.

**NB. Our school library will NOT be open during Book Fair week after school but will re-open the following week.**



## Year 5 Cookery Class

Year 5 adapted a traditional fishcake recipe by changing the type of fish used. They investigated where different types of fish were sourced from to ensure they limited the environmental impact they had. Once cooked, each class voted on their favourite flavour. They then represented this data in both stacked bar chart and pie chart form so that the results could be compared.



## WORLD BOOK DAY





## TBPS News



We would like to remind you that tickets for the TBPS 'Family Cream Tea' are still on sale, but they are selling fast, so do not delay in purchasing your tickets. The deadline for orders is Wednesday 11th March!

Choose from Monday 16th or Wednesday 18th March to come and join us where we will be serving a hot drink and a scone for adults and squash and a cupcake for children. There will also be fun family activities to take part in.

Adult tickets are £3.50 per person and child tickets are £2.50 per person.

Places are restricted and we will be selling tickets on a first come first served basis. To streamline our process with ticket sales, make it easier for parents and to reduce the workload for PTA volunteers and the school office, we are selling tickets online via

[www.tickettailor.com/events/teambirchwoodprimaryschool1](http://www.tickettailor.com/events/teambirchwoodprimaryschool1), code CT2020. This website is secure and GDPR compliant.

**Can you help at any of our events? For the Cream Tea we will require help from 2.30pm until around 4.30. Please email [tbps2619@welearn365.com](mailto:tbps2619@welearn365.com) if you are able to help.**



**Would you like to get involved with the PTA? We will be looking for new committee members to take over some of the roles in September, including a new Chairperson and Treasurer. Please get in touch if you are interested and would like to find out more about what the roles entail.**



**Our registered charity 2020  
ZELLWEGER UK.  
Amount raised so far: £862.51**

<https://www.jobcentrejobs.co.uk/>

jobcentreplus

## CAMEO DANCE EST.2003

**FUN CHILDREN'S DANCE CLASSES HELD IN  
POLESWORTH**

**Little Dancers from age 2 1/2**

Tuesdays 4:30 – 5:30pm, The Memorial Hall, Polesworth

Fridays 4:30 – 5:30pm, The Tithe Barn, Polesworth

**Juniors from age 7**

Tuesdays 5:15 – 7:15, The Memorial Hall, Polesworth

Fridays 5:30 – 7:30, The Memorial Hall, Polesworth

Classes include Ballet, Tap, Acrobatics, Modern plus lots more

FIRST TRIAL CLASS IS FREE! Call Liz 07443421867

Cameo is a great place to build confidence, develop dance skills, and make good friends whilst working towards our annual show weekend

[Cameodance.co.uk](http://Cameodance.co.uk) [cameodance@rocketmail.com](mailto:cameodance@rocketmail.com)

Facebook Charlotte Kate Cameo

Please note that although we check the suitability of Applications, they can be changed without notice. Parents should therefore check the Application BEFORE children go on to them.

## Academic Year 2019-2020

Y6 & R Heights and Weights  
Rec Vision Screening  
Redwood - Mary Arden's Farm  
Pine - Mary Arden's Farm  
Term Ends for Easter (2 weeks)  
Children Return to School

Monday 9th March  
Wednesday 18th March  
Tuesday 24th March  
Wednesday 25th March  
Friday 3rd April  
Monday 20th April

### Summer Term 2020

May Bank Holiday  
Half Term (1 week)  
Children return to School  
Manor Adventure  
Professional Development Day  
Warwickshire Moving Up Day  
Term Ends for Summer  
Children return to school

Friday 8th May  
Monday 25th May  
Monday 1st June  
Fri 5th June–Mon 8th June  
Friday 19th June  
Wednesday 8th July  
Friday 17th July  
Wednesday 2nd Sept

These dates may be subject to change if necessary.

**New and amended dates shown in bold.**

Details and times to be confirmed nearer each event.

Please note May Day 2020 is on Friday 8th May to mark the 75th anniversary of VE Day.

Please note the 1pm early finish on 17th July. If this will cause you any problems, please speak to a member of staff.

You can follow us on Twitter at:

**@BirchwoodPrim**



**Busy Things**  
Another great problem solver app for younger children from busy things.



**BASED AT  
THE DORDON CLUB  
LONG ST.  
B78 1PZ**

**DANCE & FITNESS CLASSES**

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**NATIONAL FOLK /**

**FLEXIBILITY /**

**ZUMBA / PILATES /**

**LBT / DANCE FIT /**

**PERFORMING ARTS**



**GROUP & INDIVIDUAL PERSONAL TRAINING**

**07880 714532**

**[www.TJHDANCEANDFITNESS.CO.UK](http://www.TJHDANCEANDFITNESS.CO.UK)**

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